



NEW

GENERATION



## MAYNARD COUNCIL ON AGING & SENIOR CENTER

50 BROWN ST., MAYNARD, MA 01754 • 978-897-1009

MAY 2018



Come Join Zumba Toning!

## The View from Here

This past weekend I joyfully observed a pair of Scarlet Tanagers with a Summer Tanager in tow. The three were flitting about in trees on the Osprey Point Trail in the Trustom Pond Wildlife Refuge (which is in Kingstown, Rhode Island and one of my favorite places to look for birds anytime of the year) as a half dozen of us quietly smiled. Yes, I drove three hours (it was a beautiful day for a road trip) and painfully limped both ways on the trail, but the moments of looking up into tree tops at such stunning and unexpected visitors with a clear blue sky for the background took my breath away.

As expected I share reports of birds I've seen or an amazing Audubon trip with anyone who will listen - a captive audience such as Pat is perfect. Today I shared pictures of the tanagers and as one can guess several people commented on having the same bird in their yard. I corrected them pointing out they have cardinals and the tanagers are very special (apology to Loretta). I thought about this later in the day when watching a male cardinal lifting his wings up and prancing back and forth in a courtship dance I hadn't seen before. I thought about it again when driving home and noticed a yard alive with burnt orange robins passionately probing for worms. At the end of the day, as the sun was starting to set, a pair of cardinals made their daily pass through the backyard softly chipping to each other.

The ordinary can really be extra-ordinary. Enjoy the sunrise pandemonium as the birds wake and sing the songs of spring!

~ **Amy Loveless**

Director, Maynard Council on Aging & Senior Center



Daniel Behm

## Spring is Here!

Well, it took long enough, but as Earth Day arrived, so too, did spring like weather. Maynard celebrated with a day full of events on April 22nd. These included the naming of the Queen Bee at Honey Bee Meadow – if you haven't been yet, get over to the rear of Artspace and take in the sculptures, the educational information and the beautiful and active hive. And be sure to say 'hello' to Queen Beeopatra. The day continued with a series of events including the annual Assabet Valley Little League parade down Main Street and Earth Day science and nature activities at the Mill & Main parking lot on Main Street. The Maynard Gardening Club and Conservation Commission teamed up to give away spruce and hawthorn trees, Maynard Rocks! Held a rock decorating activity and the Maynard Science group launch bio-boats into the Assabet. A giant ant even showed up.

More events like these happen all year round in Maynard. There is undoubtedly an event for you right around the corner. For example, at the end of April, the Cultural Council will announce its annual awards including the winners of the 'Maynard as a Canvas' mural painting competition. Murals will be added to each side of the Murphy-Snyder Building at the corner of Waltham and Parker Streets. The event will be held at the start of 'ArtWeek' a statewide festival of the arts that continues into the month of May. This and other events throughout the downtown are part of the Assabet Village Cultural District which is putting a focus on the many artistic and entertainment options available throughout the town.

Stay tuned to the many exciting events coming to Maynard this summer.

**Andrew Scribner-MacLean**

Acting Town Administrator

[ascribner@townofmaynard.net](mailto:ascribner@townofmaynard.net) • 978 897-1375



# Highlights of Upcoming Events

## May & June Luncheons

will be held at the Maynard Lodge of Elks, 34 Powdermill Road, Maynard

### May Luncheon

**Thursday, May 10 • Noon**

BBQ Chicken, Baked Potatoes  
Corn-on-the-Cob, Caesar Salad  
Cornbread, Dessert

**\$8.00 Pay at the door**

**Deadline to sign up is May 2 by noon**

### June Luncheon

**Thursday, June 14 • Noon**

Chicken Cordon Bleu, Rice Pilaf  
Salad, Rolls, Dessert

**\$8.00 Pay at the door**

**Deadline to sign up is June 6 by noon**

Please remember to sign up for the luncheon by the date listed above ~ we need to give Flo a count.  
If you need to cancel please do so by the dates listed above.



**Wednesday, May 16 • 11:00 a.m.**

Win or Lose You're Bound to Have a Ball!  
We're ready for new tchotchkes! (Bingo prizes)

**The COA will be closed  
on Monday, May 28  
In honor of Memorial Day**

**Please contact the COA if you need  
a ride to the Special Town Meeting  
on Monday, May 21, 7:00 p.m.**

### Keep Well Clinic

**Wednesday, May 16 • 12:30 p.m.**

Stop by and check in with Judy Manning, RN,  
from VNA CareNetwork. Have a blood  
pressure reading as well as discussing  
medications, changes in sleep patterns and  
individual issues.

### Tunes and Spoons Fowler School Spring Concert

**Friday, May 25th • 3:00 p.m.**

The Fowler School instrumental band students of Grades Six, Seven, and Eight invite you to a special spring concert for Maynard seniors! The program is titled, "Hoist the Colors!" and will feature color and pirate-themed music. Come listen to works of Scottish traditions, modern jazz, film scores, and present day composers! The Council on Aging will provide free transportation and there is no cost for the concert. We will enjoy ice cream after the performance. Please join us for this wonderful event! Pick-ups start at 2 p.m.

### CareOne Presents

**May 17, 12:30 p.m.**

Spending Quality Time with Your Loved One -  
An Activities Perspective. Lunch provided.

**Sign-up is required – limited to 25.**

### Maynard Senior Citizens Club

The Maynard Senior Citizens Club meets  
the first Wednesday of the month at 1:00  
at the Maynard Lodge of Elks.



# BIOMORPHIC ALCHEMY: Kay Hartung + Michelle Lougee

April 11- May 18, 2018



Kay Hartung  
*Entanglements 24*  
Encaustic and mixed media

Biomorphic Alchemy, Kay Hartung and Michelle Lougee present sculptural works, paintings and wall installations. Kay Hartung and Michelle Lougee are artists interested in life forms, varying from those under the sea to those that can only be seen under a microscope. The mysterious yet familiar forms strive to replicate the animated quality that all living things possess.



Michelle Lougee  
*Orange Rib*  
Crocheted plastic, wire, resin

Gallery hours are: Wednesdays – Saturdays, 11 a.m. to 3 p.m.  
The ArtSpace Gallery is free to the public and is wheelchair accessible.

For more info, please call (978) 897-9828 or go to [www.artspacemaynard.com](http://www.artspacemaynard.com) and like us on Facebook

**Come join the art scene in Maynard!** | 63 Summer Street, Maynard, MA 01754

## ArtSpace Outdoors 2018

April 28 - October 14



Angiolillo  
Cohn  
Frecha  
Hamilton  
Musco

Reception  
Sat. June 2nd 4-6PM

ArtSpace Maynard  
63 Summer St., Maynard  
[artspacemaynard.com](http://artspacemaynard.com)

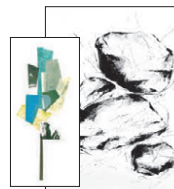


## 6 Bridges Gallery

FINE ART AND CRAFT

Gifts • Jewelry • Fiber • Cards • Photography  
Ceramics • And More

### EXHIBITS



**Natalie MacKnight**  
"Listening to the Wind" –  
Works on paper  
April 17 – May 26  
Reception: April 21, 7–9pm



**Roy DiTosti**  
"Fairgrounds" –  
Photography  
May 29 – July 7  
Reception:  
June 16, 7–9pm

77 Main Street, Maynard  
6Bridges.Gallery • 978.897.3825





# **ALL-YOU-CAN-EAT ITALIAN BUFFET SUPPER**

**Sponsored by the Friends of Maynard Seniors**

**FRIDAY, JUNE 1ST**

**At the Maynard Lodge of Elks**

**Doors Open 5:00, Supper at 6:00**

**Musical Entertainment Provided by Jae Mannion**

**Cash Bar | 50/50 Raffle**

**Tickets ~ \$20.00 Pay at the Door**

**Please contact the Council on Aging  
for more information at (978) 897-1009**

## **Mission Statement of the Friends of Maynard Seniors, Inc.**

The primary purpose of the Friends of Maynard Seniors, Inc. is to further the mission of the Maynard Council on Aging by providing financial and operational support. Support may include, but is not limited to, membership drives, fundraising events, increased volunteer participation, sponsorships, grant applications, and solicitation of individual and corporate donations to the Council.

The Friends of Maynard Seniors also seeks to increase community awareness of the existence and the scope of the Maynard Council on Aging. The goal of the Friends of Maynard Seniors is to expand, enhance, and supplement both current and future COA programs and services.



# SPRING ARTWALK

Saturday, May 5th, 2018 • 5-7:30 p.m.



AN EVENING OF ART & MUSIC IN MAYNARD  
SPONSORED BY THE MAYNARD BUSINESS ALLIANCE

## Art Signals Studio

20% Off Paint Your Own Pottery  
& The KEITH JACQUES Experience

## Art's Specialties

Wine Tasting

## 6 Bridges Gallery

"Listening to the Wind"

Works on Paper by Natalie MacKnight

## Be the Love Yoga

Open House: Drop in Reiki  
& Crystal Sound Bowls

## Explore Pathways to Wellness

Enter FREE Raffle for a Chance to Win  
a Photograph by Julie L'Heureux or a  
Painting by Sam Linnane

## Gallery Seven

Indian Hill Music Cello Ensemble Led by  
Cynthia Forbes & Artwork by High School  
Students from Maynard and Lincoln/Sudbury

## Kind Goods

Handmade Artisan Goods

## Legends Comix & Games

Hosting Free Comic Book Night

## LOOK Optical

MHS Jazz Band Led by Patricia Gately

## Metrowest Kung Fu

Dance to Live Blues Music by "Kid Pinky"

## Oliver's Wands & Wizarding Wares

Paint Your Own "Potter Rock" While  
Enjoying Butterbeer!

## Raspberry Beret

Try on Clothes for a Mini Photo Shoot  
and/or Join Their Spring Fashion Show!

## Serendipity Cafe

Live Music by Carolyn Griffin

## Spencer Brook Strings

Open House with Live Music

## Sugar Snap

Kids Make Their Own Balloon Stress Balls

## The Corner Closet Consignment

Live Painting Demo by Maynard Middle  
School Student Artist

## TruNature Salt Therapy

Open House

## VV's Hair Salon

Cool Braids for Kids

Plein Air Artists from ArtSpace Maynard:  
Ernest Stonebraker & Joyce McJilton Dwyer

In Conjunction with [ARTWEEKMA.ORG](http://ARTWEEKMA.ORG)  
[www.maynardbusinessalliance.org](http://www.maynardbusinessalliance.org)







## Lunchtime Jazz Concert

Friday, May 18 at 12:00 pm • Maynard Public Library

With Mary Crowe & Evelyn Harris

Performing Cabaret from 1920 to 2018

## Spring Film Series - Sully

Thurs, May 10 • 6:30 pm • Maynard Public Library

(rescheduled)

Sully (2016) tells the story of Chelsey Sullenberger, an American pilot who became a hero after landing his damaged plane on the Hudson River in order to save the flight's passengers and crew. Starring Tom Hanks and Aaron Eckhardt, and directed by Clint Eastwood. Rated PG-13. Refreshments served.



## ATTACKING CANCER IN OUR COMMUNITY

**Participants, Survivors, Teams...Join US!**



## RELAY FOR LIFE OF MAYNARD

**JUNE 2, 2018 11 AM-11PM- MAYNARD HIGH SCHOOL**

**1 Tiger Drive Maynard, MA**

**VISIT [WWW.RELAYFORLIFE.ORG/MAYNARD](http://WWW.RELAYFORLIFE.ORG/MAYNARD) TO SIGN UP TODAY.**



RelayForLife.org 1 800 227 2345

# Monthly Events

## The AARP Smart Driver Course is Coming!

**Wednesday, May 23 • 10:00 to 3:00**

Driving isn't what it used to be! Cars have changed, traffic laws have changed and even the roads you drive on have changed. Even the most experienced drivers can benefit from brushing up on their driving skills. By taking the AARP Smart Driver course you'll learn the current rules of the road, defensive driving techniques, and how to operate your vehicle more safely in today's increasingly challenging driving environment. In addition, you'll learn:

- How to minimize the effects of dangerous blind spots
- How to maintain the proper following distance behind another car
- The safest ways to change lanes and make turns at busy intersections
- Proper use of safety belts, air bags, anti-lock brakes, and new technologies used in cars
- Ways to monitor your own and others' driving skills and capabilities
- The effects of medications on driving
- The importance of eliminating distractions, such as eating, smoking, and cell-phone use

No written exam. All participants receive a certificate at the end of the course which may qualify you for an insurance discount (participants should check with their auto insurance agent for details).

The classroom course costs \$15 for AARP members and \$20 for non-members. Space is limited, so register now by calling (978) 897-1009. Lunch will be provided.

## Pizza and a Movie

**Wednesday, May 9 • 11:00 a.m.**

***The Greatest Showman***

What could be better, while waiting for the spring thaw, than watching a movie with friends? Pizza will be available to purchase for lunch. Popcorn and drinks will be provided. Come have some fun with us!

## Dental Health

**Wednesday, May 30 • 10:00 a.m. -12:00 p.m.**

As we grow older, certain health concerns earn our full attention, especially the importance of good oral health. Come meet Dr. Padma of North Acton Dental and learn about denture care, help for dry mouth, implant decisions, as well as other dental concerns for seniors.

Dr. Padma graduated with a DMD from Tufts School of Dental Medicine, Boston, in 1997, and was a practicing dentist in India prior to that. Her childhood was spent in Zambia, Africa. In the US, she has worked in various MA dental offices prior to acquiring her own practice in Acton. She is an active member of the American Dental Assoc., MA Dental Society and Middlesex District Dental Society.

Signup a Must! Light lunch to follow presentation.

## The Vietnam War

**Fridays, May 11, 18, and 25 • 11:30 a.m.**

This documentary series by Ken Burns and Lynn Novick tells the epic story of one of the most consequential, divisive, and controversial events in American history. This series explores the human dimensions of the war through testimony of witnesses from all sides. Please join us at the Council on Aging for this special program. Light lunch will be provided. Sign-ups required. Limit: 25.

## Indian Hill Concert

**Thursday, May 17 • 11 a.m.**

This wonderful program highlights new music for old instruments. Featuring Night's Blackbird: Jamie Dunphy on lute, Teri Kowiak, mezzo-soprano, Carol Lewis, viola da gamba, and Ian Carroll, soprano saxophone. Complimentary coffee, tea, and cookies will be available. Pick-ups start at 10 a.m. The concert is free. Van cost is \$5.00.



# CALENDAR

## **Z-GOLD TONING WITH RITA V. - MONDAYS - 9:00 a.m.**

Rita's classes contain exercise with balls, weights and bands, standing or sitting for total body conditioning. Increase strength, range of movement, flexibility, balance and coordination. Format for this class allows you to participate at your own pace & ability.

## **KNITTING & CROCHETING CLUB - MONDAYS - 9:30 a.m.**

Join us to learn, teach and hear a good "yarn!"

## **TAI CHI - MONDAYS - 12:30 p.m.**

## **DROP-IN CENTER - TUESDAYS - 9:00 a.m. - 11:00 a.m.**

## **YOGA WITH TERRY - TUESDAYS - 11:30 a.m.**

Yoga provides an opportunity to decrease stress and can lessen chronic pain while improving your overall health and wellbeing with increased strength, flexibility, balance and body awareness. Breathe your way into a positive outlook on life.

## **ZUMBA GOLD - WEDNESDAYS - 9:00 a.m.**

Zumba makes exercise fun! Strengthen your heart, improve your balance, posture and range of motion while moving to the steps of the cha-cha, salsa and merengue.

## **YOGA WITH LISA - THURSDAYS - 9:30 a.m. AND 10:30 a.m.**

This yoga class teaches yoga postures as a way to develop "mindfulness in motion". Learn how using your Breath brings calmness to your everyday life. Experience how improving balance and increasing strength unifies Body, Mind and Spirit.

## **ART/WATERCOLOR PAINTING - FRIDAYS - 8:30 a.m. - 10:30 a.m.**

## **ZUMBA GOLD - FRIDAYS - 9:00 a.m.**

## **KINGS IN THE CORNER SOCIAL CLUB - FRIDAYS - 9:00 a.m.**

**COA  
BOARD  
MEETING  
MAY 15  
9 a.m.**

## **Chess Classes and Club | Thursday Afternoons**

at the Acton Senior Center • 30 Sudbury Road Rear, Acton

**Beginner Chess Class meets 12:30-2:00**

**Intermediate Chess Class meets 2:00-3:30** for players who know how the pieces move and the concepts of check and checkmate; you will play games and get feedback

**Chess Club meets 1:30-4:30** for players with some experience

There is no charge and all equipment is supplied; open to all age 60 plus  
Contact Ken 484-318-1186 or euterpe20@aol.com with questions or more details.

# Maynard Council on Aging Trips

## SCHEDULED SHOPPING TRIPS

**Mon & Wed  
Stop & Shop in Acton**

**Monday  
Trader Joe's in Acton**

**Friday  
Shaw's in Stow**

One hour is allowed for shopping. Shoppers should call at least 2 days in advance to schedule their shopping times.

**Note Change! Shaw's in Stow Now on Friday**

## COA OUTINGS

The COA will be offering transportation to Walmart and Market Basket on different days to accommodate the schedules of individuals who wish to go to one location and not the other. You may sign up to go to both. The transportation fee is \$3.00 per trip/day. Pickups start at 9:00. Continue to call the COA to signup. Limited to 8 per trip.

### **MAY 8 WALMART**

Walmart. Pick-ups start at 9:00 a.m. Van cost \$3.00.

### **MAY 22 MARKET BASKET**

Market Basket. Pick-ups start at 9:00 a.m. Van cost \$3.00.

## **Contact CrossTown Connect to make a reservation for:**

- Medical Appointments
- Grocery shopping at Shaw's and Stop n Shop
- And other types of shopping such as CVS, Kmart, Trader Joe's, etc.

## Council On Aging Van

**To schedule the van call CrossTown Connect: (978) 844-6809**

The Council on Aging van runs from **7:00 a.m. to 3:00 p.m.** and provides low cost transportation to local hospitals, doctors, dentists, health care providers, pharmacies, as well as banks, the post office and to the Senior Center on 50 Brown Street in Maynard.

Arrangements must be made one day in advance before 1:30 p.m. (it is best to call several days in advance). A donation of \$1 is requested each time you get on the van. Transportation to the COA is free! Anyone with weekly appointments (same time, same day) must arrange for a standing pickup. If you decide not to go you **MUST** notify the dispatch office.

Residents of Maynard, 60 years of age or older and handicapped persons of any age, may use the van. If the rider is handicapped in any way, please mention this when scheduling the pickup so any accommodations may be made in advance. Pickups may begin 15 minutes before the scheduled time to accommodate more than one passenger. The van will wait no longer than 5 minutes for a passenger to emerge at which time the driver will call the office to report the "no show" and leave for the next pickup. On very busy days the van can get behind schedule.

## Senior Parking Stickers

The Town of Maynard has a Senior Parking Sticker program that allows residents who are 62 years old or older to park at any metered space free of charge for up to 2 hours. Residents interested in the program should bring their license and registration to the Maynard Police Station (197 Main St.) to be issued a sticker.





**The Maynard Council on Aging Presents!**

# ***Remember Me***

at the Newport Playhouse & Cabaret Restaurant

**Wednesday, June 27**

Experience Newport's beautiful Ocean Drive as you head to the Newport Playhouse and Cabaret Restaurant. You'll enjoy a delicious buffet, a wonderful play and a fun filled Cabaret performance. After lunch you'll be whisked off to the Newport Playhouse's show "Remember Me." The story goes: Mary and Brian have been married a long time. Their children are grown and out of the house. They pride themselves on their ideal home and marriage and being best friends – then Mary's old college boyfriend shows up (or does he?) and Brian goes into a rage! It's about fantasy, jealousy and when a marriage gets to be all about being best friends. After the show it's back to your original table at the Cabaret Restaurant where the dining room is transformed into a captivating Cabaret show.



Total cost is \$90.00 person. Departure and return times from the Elks Club to be determined.  
Plan on a full day of fun!

For reservations please contact the Council on Aging at (978) 897-1009.

## **Get On With The Show!**

### **POLICY FOR TRIPS WITH FOX TOURS**

We will require a File of Life and emergency contact information to be brought with you on all trips. You can pick up these documents at the COA.

Final payment for trips will be due 30 days prior to departure. No money will be returned after this point. If you find someone to replace you on the trip, they can take your spot and reimburse you.

If you would like to purchase a waiver to enable you to get your money refunded in the event that you cannot make the trip please call Pat at the COA for more information.

## **COMING SOON!**

**GLOUCESTER LOBSTER CRUISE**  
on **August 29**

**FOXWOODS**  
on **October 24**

**A SALEM CROSS CHRISTMAS**  
on **December 5**

more details as we get closer to the dates

# LIVE MORE FULLY WITH DIABETES!

## Let us help you take control of your health!

You will learn to:

- Set and meet personal goals
- Identify and try simple techniques to improve quality of life
- Prevent low blood sugar and delay complications
- Handle stress, relax, and increase energy levels
- Diet, exercise, and lifestyle changes

This highly interactive class and mutual support builds confidence, enabling you to manage your own health!

Our six-week workshop developed by Stanford University is supported by evidence to be effective.

## Program Details

**What:** Diabetes Self-Management Program

**When:** Wednesdays, May 16 - June 20  
2:00 pm - 4:30 pm (6 sessions)

**Where:** Open Table  
33 Main Street, Maynard, MA

**Cost:** Free

**Contact:** Amy Meneely | 781-221-7095  
a.meneely@minutemansenior.org

Registration required.

Call today to reserve your space!



Toll-Free (888) 222-6171  
www.minutemansenior.org



Made possible with support from:



**Cummings  
Foundation**

The Administration For Community Living in collaboration with the MA  
Executive Office of Elder Affairs and Elder Services of the Merrimack Valley.

Member of

the **healthy living**  
Center of Excellence  
MetroWest



## Come to a Community Supper!

All are welcome! Bring friends and neighbors!

Every Tuesday, 5:30 at 33 Main St. in Maynard.

Every Thursday, 5:00 at First Parish Church in Concord.

**Maynard Pantry Hours: Mondays, 3:00 to 7:00, Tuesdays, 1:00 to 3:00 (Seniors Only),  
Thursdays, 3:00 to 7:00**

**We'd love to have you join us!**

## Maynard Food Pantry

*Offering free food aid to local individuals and families in need since 1992*



**Open every Monday**

*(Tuesdays when Monday is a holiday)*

**10 am to noon**

**12 Bancroft St., Maynard**

*(off Parker Street, behind Coolidge Park)*

**The Maynard Food Pantry**  
**P.O. Box 55 • Maynard, MA 01754**  
**978-764-5279**  
**maynardfoodpantry.com**



# Greetings from the Maynard Historical Society #1 (May 2018)

For those of you who don't know, the Maynard Historical Society has been working to preserve the history of Maynard since 1961. Over the past 57 years the Society has gone through a lot of changes. The initial drive of the Society was to prepare for the Maynard Centennial in 1971. An immense amount of work was done to create a 100th anniversary book detailing the history of the town from its pre-history to the mid 20th century. As part of that process and in the intervening decades the Society also was the recipient of numerous documents, photographs and other memorabilia. Originally this was in a room in the lower level of the Town Hall where the Society held its meetings. By the 1990s the room was so full of historical "stuff" that you could barely walk in it, never mind hold meetings.

To make a very long story short, the collection of the Society ended up in a space graciously provided by Clock Tower Place (now Mill & Main Place) in 2008. For the past 10 years a small team of "history nerds" has been working to properly preserve and catalog the collection holdings. We've met nearly every Wednesday morning for a decade now and still have a long way to go.

Because the Society hasn't had any display space to speak of since the 1980s we wanted to find a way for the public to see and learn about our history. So as we curate and catalog the items, we make them available on our online collection: <http://collection.maynardhistory.org>

With our online collection you can search for names or just browse through over 4,500 items — and new items are added nearly every week.

In this ongoing series of Senior Center articles we will discuss more about what we are doing and how you can help. And here is our first example: we are always striving to provide as much detail as possible about the items we catalog, especially the photographs. Here is a photograph of a theater production in Maynard. We have identified precisely one person. We don't know the production company, we don't know the date, we don't know anyone else in the photograph. We're hoping YOU do! If so, please send us the information and we'll add it to the collection item (and we'll thank you next month right here).



**Unknown Theatrical Presentation. John Lubin is sitting, far right front. (MHS 2016.543)**

To see a larger version of this photograph on your computer please visit:

**<http://collection.maynardhistory.org/items/show/5714>**

(click on the photo thumbnail in the sidebar for large version)

Send anything you know about the photograph to: [davebets@mac.com](mailto:davebets@mac.com)

Thank you, **Dave Griffin** | Maynard Historical Society



## Coping with Loss of a Loved One After an Illness

***Are you mourning the loss of a loved one due to brief/chronic illness or unexpected circumstances?***

This group will provide participants a safe place to explore and share their grief, make connections with others experiencing similar losses, and foster coping skills along the grief journey. Sessions will be led by Ms. Deborah Colgan, MA, M.Ed., LSW, of Care Dimensions.

When: 6 consecutive Thursdays, May 31 ~ July 5, 2018

Where: Donaldson Conference Room  
John Cuming Building, 1st floor

Time: 6:30 – 8:00 PM

Cost: Free (registration required). Space is limited.

Advance registration is required by contacting Care Dimensions' Bertolon Center for Grief & Healing at 781-373-6530 or online at [www.caredimensions.org](http://www.caredimensions.org)



# Living Memorial

This form allows you to make a donation that will support and enhance the senior services in our Maynard community. The individual or families you have chosen to honor will be notified of your contribution.

**Your support is needed and greatly appreciated.**

I am enclosing \$ \_\_\_\_\_ In honor/memory of: \_\_\_\_\_

**Send acknowledgement to:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Make checks payable to: Maynard Council on Aging. Mail to: 195 Main St., Maynard, MA 01754





## REP. KATE HOGAN'S SENIOR NEWS

### MAY 2018

Friends,

Happy Spring! In case the warmer weather has you (like me) already thinking about your summer reading list, I want to take this opportunity to highlight the literary resources available at the Perkins Braille & Talking Book Library that can ensure everyone in the Commonwealth can enjoy reading.

#### **Perkins Braille & Talking Book Library**

*Free Audio Books, Large Print Books & DVDs delivered to your home*

Do you or does someone you know have trouble reading traditional print because of a disability? Whether the print is too small and it strains your eyes; if you have trouble holding a book or turning pages; or if you have a reading disability, like dyslexia, you are eligible for free library services from The Perkins Braille & Talking Book Library.

The Perkins Braille & Talking Book Library is a public library service, partnered with the National Library Service for the Blind and Physically Handicapped of the Library of Congress, that provides large print books, audio books and magazines, telephone newspaper access, audio described videos and DVDs, and Braille books to enable readers with visual impairment, blindness, or physical disability to read in a format most comfortable to them.

There are many kinds of reading materials available in the Perkins collection, including fiction and nonfiction, for both children and adults. Bestsellers, biographies, self-help, romances, mysteries, and magazines are just some of the materials that borrowers may select. Additionally, the materials are mailed directly to your door and returned for free.

**If loss of vision or a physical or reading impairment is keeping you, or someone you know, from enjoying your favorite reading materials, please contact the Perkins Braille & Talking Book Library by calling (617) 972-7240 or (800) 852-3133, email [library@perkins.org](mailto:library@perkins.org), or visit [perkins.org/library](http://perkins.org/library). You can also call my office for more information at (617) 722-2130.**

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#### **Hogan's Office Hours**

District Office Hours will be held in Maynard on Tuesday, May 8th from 6 to 7 p.m. at the Maynard Public Library, 77 Nason Street. All questions, ideas, or concerns are welcome. If you are unable to attend office hours, call the State House at (617) 722-2130 to schedule an appointment. Staff is also available at the District Office on all Mondays from 10 a.m. to 3 p.m. (Closed Holiday Mondays)

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**Proudly represents Bolton, Hudson, Maynard, and Stow**  
**State House**, Room 130, Boston, MA, 02133 / Phone 617-722-2130  
**District Office:** Maynard Town Hall, 195 Main Street, Maynard, MA  
**District Office Hours:** Mondays and Thursdays, 10AM-3PM  
**By appointment:** Call 617-722-2130 or email [Kate.Hogan@mahouse.gov](mailto:Kate.Hogan@mahouse.gov)



# COMING SOON TO FINE ARTS THEATRE PLACE

## AVENGERS: INFINITY WAR

COMING APRIL 27, 2018

*Starring Chris Evans; Robert Downey Jr*

The Avengers and their allies must be willing to sacrifice all in an attempt to defeat the powerful Thanos before his blitz of devastation and ruin puts an end to the universe.

## EASY RIDER

COMING MAY 8, 2018

*Starring Peter Fonda, Dennis Hopper*

Two counterculture bikers travel from Los Angeles to New Orleans in search of America.

## DEAD POOL 2

COMING MAY 18, 2018

*Starring Ryan Reynolds*

Wisecracking mercenary Deadpool battles the evil and powerful Cable and other bad guys to save a boy's life.

## SOLO: A STAR WARS STORY

COMING MAY 25, 2018

*Starring Alden Ehrenreich; Emilia Clarke*

Through a series of daring escapades, young Han Solo meets his future co-pilot Chewbacca and encounters the notorious gambler Lando Calrissian.



## Mother's Day is Sunday, May 13th

Show mom how much you love her with one of our gift baskets, available in three sizes!

Date Night Pack- \$25

2 Movie Passes

2 Snack Passes

2 Candies

(\$40.50 Value)

Family Fun Pack- \$50

5 Movie Passes

5 Snack Passes

5 Candies

(\$103.75 Value)

VIP Pack- \$100

12 Movie Passes

12 Snack Passes

12 Candies

(\$249 Value)

Order a VIP Basket between now and mother's day, and get a FREE Date Night Basket!

That's a \$289.50 value for \$100!!

You must order by May 9th for pick-up before Mother's Day

FINE ARTS THEATRE PLACE

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